# OFFICER WINS TOUGH BATTLE

Conquers Rheumatism and **Bad Stomach Trouble with** Remedy, Var-ne-sis

Among the many statements made relative to the work of Var-ne-sis, the stomach and rheumatic remedy, none is more remarkable than that of Officer George D. Palmer, who lives at 23 Eighteenth Street, Lowell, Mass. He



"I had been a sufferer for so many years that I hardly knew what it was like to feel well. For 25 years I was troubled with dyspepsia. I had to be careful of what I ate, was unable to drink coffee, eat meats, fried foods or pastry; in fact, I had to watch my diet at all times. About five years ago rheumatism began to make its appearance, and to make matters worse I had a weakness of the kidneys. This condition became so bad that at times I had to give up my work and remain at home for a period of several weeks, suffering from sciatic and muscular rheumatism. Once the pain became so bad that I could not reach my box to ring in without assistance, and had to be helped to the nearest drug store.

"I tried many remedies, but the rheumatism always made its appearance in damp weather. I read in the papers of Officer Buchanan's case and inquired of him personally. His reply thoroughly convinced me of the merit of this medicine and I immediately secured some. After being on the treatment a short time I began to feel better, my rheumatism gradually disappeared, stomach became stronger, kidney trouble vanished and I can now eat anything I care to. I have gained 15 pounds, out in all kinds of weather, and not a sign of the old trouble. I certainly feel grateful to this man and his remedy.'

The mass of evidence in the shape letters, photographs, crutches, wheel chair, etc., in the Var-ne-sis exhibition is enough to convince anyone. Write to W. A. Varney, Lynn, Mass., for the Journal devoted to

rheumatics. Var-ne-sis is for sale at your local druggist, or he can get it for you through his wholesaler. Don't suffer another day. Get it Now.-Advertisement.

House Memorial to Poe.

In what was once known as Fordham, a suburb of New York and now included in Greater New York, stands the humble shingled house known as the Poe cottage, Here Edgar Allan Poe, poet, story teller and critic, lived from 1844 until 1849. It was during this period that he wrote one of his most widely known poems, "The Raven." Twice within recent years the Poe cottage has been moved a short distance because of the encroachments of new buildings. It is now lecated in Poe park. After many years of activity by the West Chester Historical society, the cottage is now maintained as a memorial to the poet and a museum in which manuscripts and souvenirs of the poet are preserved.

Hatched From Unlaid Eggs. that were never laid, composed the interesting part of a window display of poultry remedies in a drug store recently, says a writer in Farm and Fire-

Three laying hens, a white Orpington, a Rhode Island red and a black Minorca, were killed. I obtained an egg from each hen. The shell of the white Orpington egg was not fully developed, so I used gum arabic and adhesive plaster to finish the shell.

The three eggs were placed in an incubator, and hatched out three chicks, a white one, a black one and a red one. The chicks are roosters and are now large enough to crow.

Real Harm in Smoking. Scientists at the Paris medical college have found by a series of experiments that, as physiologists have long asserted, tobacco smoke has an injurious effect on the heart, but that this affect is not dependent on the amount of nicotine contained in the tobacco; in fact, smoke from the combustion of materials other than tobacco appeared to be about as harmful. The deleterious effects are attributed to the multiple products of combustion in the amoke.

### DON'T LOSE ANOTHER HAIR

Treat Your Scalp With Cutickra and Prevent Hair Falling. Trial Free.

For dandruff, itching, burning scalp, the cause of dry, thin and falling hair, Cuticura Soap and Ointment are most effective. Touch spots of dandruff and itching with Cuticura Ointment. Then shampoo with Cuticura Soap and hot

water. No treatment more successful. Free sample each by mail with Book. Address postcard, Cuticura, Dept. L. Boston. Sold everywhere.-Adv.

Saturn Changing Color. Recent observations of Saturn at the Lowell observatory show a remarkable change in the color and brightness of the planet itself, which is now of a pinkish brown tint and strikingly darker than its rings, Com-Mars, also show that its brightness is less than had been predicted.

Smiles make a better salve for trouble than do frowns.

WASHINGTON OFFICIALS NOW WORRIED BY GERMANY'S SUBMARINE PLANS.

Administration Also is Deeply Concerned Over Manner In Which Country Will Receive the Terms of Settlement of the Lusitania Case.

By GEORGE CLINTON. Washington,-Officials in Washington fear that under new plans for sub-

The mounting of guns for purely defense purposes has been recognized as signed it seemed that there was a rethe right of merchant and passenger newed feeling of confidence among the ships. Of course it is also recognized Democrats in the house that their plan that if advance warning is given that to strengthen the National Guard and such vessels shall be sunk, the re- to ignore the proposal for a continensponsibility possibly may rest with tal army was the more certain to sucthe nations which continue to arm ceed. It is well known, of course, that their passenger and merchant ships, President Wilson and his former seceven if they are armed for defense retary of war, Mr. Garrison, were in purposes. The main danger to the favor of the continental army plan. In United States, it is recognized, is that if the proposed plan is carried out, Garrison at the time of the secretary's some American vessel may be sunk by mistake, and if this is done things are likely to break loose.

The administration just now is deeply concerned over the manner in which the country may receive the terms of settlement of the Lusitania case. Some Washington officials believe that on the answer to this question will depend to a considerable extent Mr. Wilson's strength or weakness in the next campaign. In other words, the manner of the reception by the country of the terms of the Lusitania settlement may have its political as well as its diplomatic significance.

Victory or Failure?

There is no more striking evidence of how men can disagree utterly in of his party in congress and especially their opinions of things than is presented by this Lusitania affair. The state department seemingly is entirely satisfied that it has won a complete for the strengthening of the National victory. There are officials in Washington, however, who say that the if necessary his strong efforts to seterms of the Lusitania settlement present a picture of a complete failure of this supposition, the house leaders in-American diplomacy. There you are, timated they would begin at once to Take your choice.

Seemingly, Germany has admitted law for a war vessel to sink an unarmed merchant ship or a passenger ship without making provision for the safety of those on board. Germany did not want to admit that the sink. which debate could be shut off at any ing of the Lusitania was illegal, and given time. the word "unjustifiable," or on meaning the same thing, has been employed to cover the case. Therefore, of view, the use of this word, or a the chief line of reserve strength of synonym, is entirely satisfactory pro- the United States forces. It must not activities of the word so that they will the militia because it thinks that the cover only those vessels which have guardsmen cannot give good service. neutral passengers on board. In oth- The army would prefer a strong militia er words, the administration believes to a continental army, so called, and the proper interpretation of Germany's | would prefer it because the militiamen position is that it is unjustifiable and are trained, are virtually constantly sink merchant or passenger vessels liminaries of drill, discipline and field without providing for the safety of service. crew and passengers, even if both are composed entirely of citizens of countries with which Germany is at war.

Washington knows the Lusitania ought not to be loaded with anything States stands in the way of giving to but nonpartisan diplomacy. Three chickens, hatched from eggs | iticians here agree that the political | trol of the National Guard. In other campaign next summer partly will be words, the army officers would prefer directed along "Lusitania lines." Of the militia as a real reserve if they course it is recognized by the pol- were certain that the federal governdepends largely upon the amount of the armed service of the country, proresentment, or of satisfaction, which. vided war were to come. ever it may be, to be shown by the country when it has had time thoroughly to comprehend the final terms of settlement of this cause of controversy between the United States and Germany.

Not a Partisan Issue.

Preparedness seems to cover with a sort of cloak the interest in other mat- lines, and that congress can legislate ters of legislation. The situation in regard to the feelings of members of forces virtually a part of the governcongress on the subject is just about what it was. It is becoming more evident day by day, however, that the preparedness bill will be put through, but it will go to its passage apparent- of this matter before making up their ly aided by the votes of the Republicans.

It has been apparent for some time that preparedness is not a partisan is. gress are right. Some of the leading Democrats have been opposed to it from the very start, but seemingly out of regard for the feelings of the administration such of the Democratic party leaders as are opposed to preparation for defense National Guard association and one of have refrained from making speeches the advisers of the drafters of the against it on the floor of house and bill, says the measure "is the most senate. The debate, however, is going comprehensive piece of military legison daily and it is said in Washington lation which has been proposed in that never before since the beginnings years. It represents the views and of this government have there been so opinions of the National Guard many varying views expressed on a as to what shall be done, and clearlegislative subject as on this prime ly shows the National Guard's will-

thing concrete made up as it must be of the Constitution."

New Paper-Making Material.

Attention is called to the possibilities of zacaton grass in the manufac. In it. Rust is made by iron touching turned by the common pleas jury in mother was away from home and ture of paper by the United States de- moist air. The oxygen in the moist air partment of agriculture. Zacaton acts on the iron and forms what we grass extends from California and call "oxide of iron," or rust, which Texas southward to the Argentine An- crumbles away and spoils the iron. parisons of the stellar magnitude of des. Laboratory tests of this grass the planet with Capella, Procyon and conducted by the department show that it can be chemically reduced to paper stock by the soda process more easily and with less expense than is is allowable largely for the reason five locomotives with the Lima Lo- ing from the effects of injuries susnecessary to reduce poplar wood .- that we haven't standing army enough Pittsburgh Dispatch.

FEAR A NEW CRISIS of the various patchworks of opinion the actual job of turning it out may be considered a good one, for the difficulties which have been in the way have at times seemed to, be insurmountable.

Plans Were Antagonistic.

When the military committees of the house and senate first met to con Short Chronicles of State Happensider preparedness measures there DEFENSE GUNS THE ISSUE was a feeling that it might be impos sible for any kind of a compromise to be reached which would be satisfactory to the members of both houses There were two diametrically opposite plans proposed for the accomplishment of preparation through the land forces of the United States. Seemingly the senate committee was devoted beyond divorce to a plan for a house committee was just as devoted marine warfare proposed to be fol- to the cause of antagonism to a contilowed by the central powers of Eu- nental army. As for the members of rope, this country may become once the house and senate generally, some more involved in dangerous diplomatic of them were divided among themnegotiations. Word has come that it selves as to the merits of the two cancy, such as just occurred in it. is the intention of the central powers plans, while others believed there to order that merchant and passenger should be no preparedness at all. This vessels belonging to belligerents shall was the situation when the subject be sunk without warning in case they came up for first consideration in the carry guns even for defense purposes. two branches of congress.

As soon as Secretary Garrison re one of the president's letters to Mr. resignation he said he had confidence in the patriotism and the judgment of the members of the committees of

Wilson Willing to Yield.

This letter was taken to mean that Mr. Wilson did not think that, because he personally was favorable to the continental army plan, it necessarily followed that the house members were wrong in standing for another plan. In other words, it seemed to be Mr. Wilson's view that if the majority of onto it. his party in the house thought its plans were better than his plans he should bow to the majority's judg-

This intimation from Mr. Wilson to the committee members. The house members saw in what he said an inti mation that he would accept the plan Guard if he had to, and would forego cure a continental army. Acting on expedite preparedness legislation. There seems to be some hope today now that it is counter to international that the matter may be disposed of before the first week in April, but of course the senate may be a stumbling block, for there is no rule in the senate such as there is in the house by

Regulars Oppose Militia Bill. Nearly all the army officers of high rank are opposed to the measure according to the administration point which would make the National Guard vided it is not intended to limit the be understood that the army opposes has been unjustifiable from the first to under arms and know at least the pre

The real reason why the army officers oppose the proposed militia strengthening legislation as a chief part of preparedness is because they case is loaded with politics, while it believe the Constitution of the United Pol- the United States government full coniticians here that the extent to which ment could control the state troops in the case will figure in the campaign all matters necessary for the good of

What Its Advocates Say. National Guardsmen who are in Washington and the members of congress who prefer the strengthening of the militia to any other plan for preparedness of the land forces, say the Constitution of the United States is specific only along certain prohibitive so as to make the National Guard ment's army, and that those things which the national government cannot do are immaterial to the case. The people will have to study both sides minds as to whether the army experts are right or whether the National Guardsmen and the members of con-

In spite of what army officers say with regard to the means of completely nationalizing the National Guard. Maj. Gen. J. Clifford R. Foster, chairman of the executive committee of the ingness to meet any reasonable re-It is too early yet to say what form | quirements of the government and its ultimately the legislation will take, desire to be federalized to the fullest but if congress finally turns out some- extent consistent with the provisions

What Rust Is.

Nothing can rust unless it has iron

Can't Be Done. "It's me" is an "idiom," says a Harvard professor, and is allowable. It to suppress it.-Houston Post.

GRIST OF NEWS FROM VARIOUS CITIES IN OHIO.

ings as Told by Telegraph for Our Readers.

Western Newspaper Union News Service. Columbus. - Frank B. Pearson of Columbus, who became state supertendent of public instruction re- became postmaster under President cently, succeeding Frank W. Mil- Grant in 1873 and served 12 years uner, resigned, will serve for a term of til President Cleveland's first term. four years, instead of only until July When McKinley became president the 28, 1917, when Miller's full term would office again was awarded to Arnold as continental army and seemingly the have expired, so Attorney General a Republican. Arnold first succeeded Turner held in an opinion to Gov. his father, who had held the office a full term of four years because the was placed under civil service Arnold legislature has made no provision for passed the examinations with honor filling the office in the event of a va- grades over all of his younger compet-

> Alleged Gamblers Indicted. citizens are included in the list

Aids Boys' Carn Contests. tests and domestic science contests for sane, it is believed. farm girls. The winners will be sent to Washington each year.

Cut Mail Routes. chase motorized wagons.

Breaks Through Ice, Drowns. ce. Carl Lyons was drowned in a pond him a rope, but he was too feeble from struggling in the cold water to hold

Identify Drowned Mad. Elizabeth, Pa., Dec. 18.

Big Rat Hunt Is On. Findlay.-Van Buren farmers have organized the third annual rat hunt. This time weasels and chicken hawks will be included.

Garfield's Friend Dies. county, and an intimate friend of Pres- of here. His neck was broken. ident Carfield

To Develop New Suburb. Springfield. - Headed by M. J. are preparing to organize a company city, went to jail, with a capital stock of \$300,000 to develop the northwest section of the city crushed to death at Hanging Rock, into a high-class residence district.

Mayor Badly Injured.

Fremont.-Mayor George Kinney was badly injured in a fall here. He was leaving a friend's home and fined to his home for several days.

Lima Has New Plant. Lima.-Lima's newest industry, the Pandora Overall Co., has opened its \$150,000 for the building. doors here. The plants from Pandora, Celina and Zanesville, owned by the same company, were all combined into a new institution here

Ohio's Heaviest Man Dead. Eaton.-John Eddins, aged 56, Ohio's window. He weighed 600 pounds.

Unidentified Man Killed. express train, an unidentified man, about 30, was instantly killed.

Killed by Train. Canton.-Henry Kropf, aged 45 failed to hear a train approaching him as his coat collar was turned high around his ears, and, when struck, was Athalia, near here, as the result of a instantly killed.

Helps Organize Labor.

Fostoria.-John Quinlivan of Tole- the boat. do, national organizer of the A. F. of L., arrived in the city to assist in further organizing the unskilled labor of wreck at Fultonham was increased the city. Since the recent organiza- to two when the body of Jotion seven members, who were offi- seph Davis, 24, a brakeman of East cials of the Fostoria Labor Protective local, were discharged from one plant.

Enlarge Phthisis Hospital. Lima.-Ten new houses are to be directors who met here. Will Probe Gas Supply.

Lima.-The Lima city council has conditions here. Shortage of gas is graduate of Bethany college at Bethsaid to be responsible and a commit- any, W. Va., and a leader of the Christee of aldermen has been instructed to cause an immediate investigation. Overheated Stove Causes Fire. Youngstown.-Fire at East Youngs-

man Dan Ferris and John Danko, with

an estimated loss of \$8,000. An over-

heated stove in the Ferris home is said

to have started the blaze. Gets Verdict of One Cent. Fremont .- A verdict for the plaintiff in the sum of one cent was re the case of Westhelmer & Sons vs. John Cowper here. The case involved the ownership of one barrel of whis-

key valued at \$124. Orders 95 Locomotives. Lima.-The New York Central railway has placed an order for ninetycomotive corporation. The value of tained when he was leaving his house plains that she has her own way."the order is \$3,000,000.

News From All Sections of the State

Western Newspaper Union News Service Tiffin .- Horace Arnold, 89, who had served as postmaster at Melmore for 31 years and whose length of service stood as a record in the jostal department, died here from exhaustion. He Willis. He says that Pearson gets a long term of years. When the office itors. His only assistant was his little granddaughter.

Newark .- H. L. Freeman, a farmer Gallipolis.-The grand jury has of Huntington, W. Va., realized brought in twenty-seven indictments \$700 on a forged check at Utica. arising from raids of alleged gambling He was later arrested and while houses ordered by the mayor in his in jail he slashed his throat cleanup campaign. Several prominent three times with a pocket knife and is in a serious condition. Failing to make good his intentions, he assaulted a fellow-prisoner who was shaving and Lorain.-The Lorain county farm- with his razor tried to finish his work ers' institute made provision for the of self-destruction, but authorities prefinancing of boys' corn growing con- vented. Freeman became suddenly in-

Akron.-Six months after the completion of its \$4,500,000 water plant near Kent, Akron faces the prospect of an increase in rates, a Lima. - Word has been received shortage of water and an added expenfrom the postmaster general that diture of \$100,000 for more mains and Lima's nine rural delivery routes have a leakage survey, according to inforbeen cut to six, effective May 1. All mation given Mayor Laub by Engirural carriers will be required to pur- neers F. A. Barbour and E. G. Bradbury, who built the plant.

Columbus. - Seventy-four persons were killed by railroad accidents Portsmouth.-Breaking through thin during January, 1916, as compared with 50 in 1915 and 61 in 1914. at Ironton. A woman bystander threw | the public utilities commission reports. Thirty were trespassers and 25 employes on duty. Sixty-seven were victims of steam roads and seven of interurban lines.

Lima. - When the Presbyterian Steubenville.-A body taken from church at Venedocia burned, the large the Ohio river several days ago has audience which filled the interior filed been identified as W. C. Kennedy, 67, slowly out, and not a single accident seemed to be grateful to the leaders riverman, who was drowned at West was reported. The explosion of a gasoline tank in the basement caused the fire, which practically destroyed the church.

> Cleveland. - Mrs. William Bitzer, wife of Policeman Bitzer, is in It will end the last of March, when the the police station, charged with shootlosing side will banquet the winners. ing to kill her husband, who was wounded at their home. Mrs. Bitzer claims the shooting was accidental. Massillon.-John Seese, aged 27,

> teamster, died before medical atten-Chardon.-Word has been received tion could arrive, when he was found here of the death in Pasadena, Cal., of beneath a team of horses with which Wallace J. Ford, formerly of Geauga he was hauling fodder two miles north Portsmouth.-Rather than pay a fine

> of \$41 and costs assessed against her for a violation of a city health ordinance, Mrs. Clara Foster, wealthy Hannon, several prominent men widow of Dr. E. M. G. Foster of this Portsmouth.-Louis Miller, 42, was

> near here, when a dump car jumped a trestle and struck him. Sandusky-Sandusky will have a new federal building on a new site. Assurance was given by the Ad club when a telegram sent by Senator Atslipped on icy steps, falling on his lee Pomerene announced the fact that

> head and shoulders. He will be con- the senate had passed a public building bill providing for an appropriation of \$215,000 for Sandusky. The bill makes it incumbent on Sandusky's part to spend \$65,000 for a site and Canton.-Emphatic protest has been

> made to the state department at Washington by Max Birzer of this city against treatment accorded him at Falmouth, England, on Jan. 16, 1916, when, Birzer says, his wife, son and himself were arrested as heaviest man, died here. The coffin spies and their American citizenship had to be taken out through a bay papers confiscated by British officers.

Toledo.-Afrier serving twenty-five years as a policeman and city detective, Frank Daly has resigned from Alliance,-Struck by a Pennsylvania | the department. In all his years as a policeman Daly never carried a revolver. He has been commended for capturing several desperate criminals. Daly's health is failing.

Gallipolis. - The gasoline freight and passenger packet Maggie B. was destroyed on the Ohio river at boiler explosion. Capt. B. F. Becket, owner, and crew escaped. No lives were lost, as no passengers were on

Zanesville.-The casualty list of the Zanesville & Western freight Fultonham, was found underneath the engine. He had been scalded to death. Springfield .- Jesse W. Pence, aged

52, superintendent of the Clark county infirmary, was found dead in opened at the Joint County Tubercu- bed. Heart disease was the cause. He losis hospital as soon as they are com- had been in good health with the expleted, according to the decision of ception that when he retired he complained of a headache.

Warren .- Dr. E. V. Zollars, for many years president of Hiram college at Hiram, died at the home decided to institute a probe of gas of his daughter here. He was a tian denomination. Lorain.-Investigation of tenement

conditions inaugurated by the board of

health revealed 13 beds in one room in a boarding house in the steel plant distown destroyed the homes of Council- trict. Toledo,-Miss Alice Christensen of Kankakee, Ill., was awarded \$4,500 damages for breach of promise from Bertis Washburn.

Portsmouth,-Phoebe, the year-old laughter of Elmer Gilkins of Sandy Springs, Adams county, became tangled up in bedclothing while her smothered to death.

91, who as sexton had rung the murdered president as it lay in the bell at St. Mary's Catholic church street. morning, noon and night for 38 years. is dead here.

Fremont.-Mayor George Kinney is and fell on an ice-covered sidewalk.

### THE EUROPEAN WAR A YEAR AGO THIS WEEK

Feb. 21, 1915. Russians forced the fighting from East Prussia to Bukowina. Berlin reported sinking of Britsh transport loaded with troops. American steamer Evelyn sunk by mine off Holland; eight lost. German submarine U-12 sank British steamer Downshire.

German airmen dropped bombs on Colchester, Coggeshall and Braintree, England. Reims again bombarded.

Feb. 22, 1915. Russians made progress in Gallcia and the Carpathians. Turks massacred Armenians in

the Caucasus. United States presented notes to Great Britain and Germany proposing modifications of blockade de-

Zeppelin bombarded Calais, killing five persons. Germany denied charges of cruelty to war prisoners.

Feb. 23, 1915. Germans bombarded Reims with

ustrian 12-inch howitzers. Russians forced Germans back along the Bobr and repulsed Austrians near Krasne.

Germans assembled great force at Przasnysz. American steamer Carlb sunk by mine: three lost.

Germany included Orkney and Shetland islands in war zone. Feb. 24, 1915.

Russians won in Carpathians near

Uszok pass. British captured German steam-Gotha. Steamers Hypalion and Roy Parana torpedoed in English channel. Germany promised to respect

Italian flag. Three British aviators lost in raid on Belgium.

Russia presented to neutral nations note accusing Germans and Austrians of atrocities. R. P. Stegler confessed details of German passport frauds in U.S.

Feb. 25, 1915.

Germans besieged Ossowetz. Russians split Austrian army in Carpathians and again invaded Bukowina.

Four forts at entrance of Dardanelles reduced by allied fleet. British steamer Western Coast lost in the channel.

Feb. 26, 1915. French made gains on the Meuse. Battle in East on 260-mile front. Germans retired in Przasnysz region but captured 11 Russian gen-

erals in Mazurian lakes battle. Botha took command of British troops for invasion of German Southwest Africa.

Inner forts of Dardanelles bombarded. French destroyer Dague hit Austrian mine.

Allies blockaded coast of German East Africa.

Feb. 27, 1915,

Germans retired on north of Eastern front and Russians recaptured Przasnysz. German battalion annihilated on

the Bobr. Russians advanced in Galicia, retaking Stanislau and Kolomea, Forty allied warships penetrated

Dardanelles for 14 miles. American steamer Dacia seized by French cruiser.

French aviators bombarded Metz and Germans dropped bombs on Nieuport.

Food Minimum.

The irreducible minimum for living expenses seems to have been attained by Roger Crab, the hermit, who lived at Icckenham, near Uxbridge. About 1641 he began to restrict himself to a vegetarian diet, avoiding even butter and cheese. From roots he got a diet consisting chiefly of broth made from turnip leaves and thickened with bran. and he finally resorted to dock leaves and grass, with a bran pudding as an occasional delicacy. He drank nothing but water, and lived on three farthings a week until he died in 1680, at the age of gixty.—London Chronicle.

Had Sultan's Indorsement. Extract from a Turkish newspaper: "His serene highness has been pleased to watch the eclipse, and has directed the lord chamberlain to express his entire satisfaction with the magnificent performance."-Tit-Bits.

Easy to Get Line on Him. Fond Father-"I hardly know what business to put my son in, I know practically nothing about his ability." Friend-"Take him for a sea voyage, That will show what there is in him.' -Philadelphia Record.

Suggestive Nickname. It is said that a former postmaster general of Guatemala was nicknamed "mata muertos," which is to say "killer of dead persons." He is supposed Sandusky.-Frederick Urnan, aged to have stabbed the dead body of a

Changed His Complaint. "When first he was married he used confined to his home and bed, suffer to boast that his wife had a way of her own," "Well?" "Now he com-Judge.

As well be young at 70 as old Many elderly people suffer lame, bent, aching backs, and distress ing urinary disorders, when a little help for the kidneys would fix it all up. Don't wait for gravel, or Bright's disease. Use Doan's Kidney Pills. They have helped thousands, young and old, and are recommended by thousands.

An Ohio Case

Mrs. William C. Kalbaugh, 3063 Guernsey St., Bel-laire, Ohio, says: "I Kalbaugh, 3061 Guernsey St., Bel-laire, Ohio, says: "I was almost helpless with kidney com-plaint. There was a steady pain in the small of my back and I often had to take to my bed. I felt tired, nervous and restless and had terrible headaches and diszy My feet were swollen and my hody bloated. Doan's Kidney

Get Donn's at Any Store, 50c a Box DOAN'S HIDNEY FOSTER-MILBURN CO., BUFFALO, N. Y.

Most Powerful and Penetrating 25c

50c

GOWANS

quickly. Goes straight to the spot. Breaking up congestion and reducing the tever. Rub.Gowans over Rub Gowans over the throat and chest. It promptly absorbs through the skin, relieving rapidly soreness, tightness or congestion. For sale by all dealers, Sample and testimonials on request 'Demand Gowans becaus Gowans is more pessentials.'

The Gowan Medical Co.,

Children Who Are Sickly When your child cries at night, tosses restlessly in its sleep, is constipated, feverish or has symptoms of worms, you feel worried. Mothers who value their own comfort and the welfare of their children, should never be without a box of

Mother Gray's Sweet Powders for Children for use throughout the season. They tend to Break
up Colds, relieve Feverishness, Constipation, Testhing Disorders, nove and
regulate the Bowels and
destroy Worms. These
powders are pleasant to
take and easy for parents
to give. They cleanse the
atomach, act on the Liver
and give healthful sleep
by regulating the child's
any substitute.

Used by mothers for 28 years. Sold by all druggists, 25 cts. Sample mailed FREE. Address, Mother Gray Co., Le Roy, N. Y. Be sure you ask for and obtain

Mother Gray's Sweet Powders for Children.

Growing Suspicious. There is a place down Third street where certain printers hang out when twilight has come and the day's work is over. And there's a reason! In lifting type from galley to form a printer uses what is called a "make-

up rule." It is a thin strip of steel. and you can buy 'em for about ten cents each. But the man that runs the place where the Ben Franklin boys go has been led to believe that this little bit of steel is the printer's badge. Without it the printer can't work, ac-

cording to his conception. He has been led to believe that. So, when a printer asks him for the loan of a couple of dollars and is willing to leave the "make-up rule" as security, the genial host readily passes over the coin. He has a cigar box full of the thin strips of steel at present, and is beginning to think .-

San Francisco Chronicle. Aided Passenger in Peril.

A notable instance of the kindness of those in charge of trans-Atlantic liners developed recently aboard the liner Ryndam, which was stopped in midocean and held on an even keel while the appendix of a passenger was removed. Besides the ship's surgeon, and the captain who stopped the ship, an American dentist co-operated by administering the an-

Fortunes await the inventor of a lifeboat that will float on a sea of

esthetic.

Palm fiber material is being substituted for cedar in the making of cigar boxes.

## Greatest Results

often come from simplest means.

For instance—one's daily food plays a big part in deciding for success or failure.

To bring out the best mental and physical forces sound nourishment is imper-

# Grape Nuts

made of whole wheat and malted barley, supplies in splendid proportion all the rich nourishment of the grains, including the valuable mineral elements, lacking in many foods, but most necessary for vigor and activity of brain and body.

> "There's a Reason" for

**Grape-Nuts** 

Sold by Grocers.